

Confidence comes with every card.®

Get access to top gyms, studios and well-being apps starting at only \$19.99 a month.



Blue Cross Blue Shield of Michigan and Blue Care Network members can receive exclusive pricing for **Gympass** through our member discount program, Blue365<sup>®</sup>.

**Gympass** offers multiple membership options, allowing you to choose a plan that fits your fitness needs. Memberships include access to:

- Up to 12,000 gyms and studios nationwide
- · Live-streamed and on-demand classes
- One-on-one personal training sessions with certified trainers
- Online mental health support, nutrition guidance, meditation apps and more

## One membership. Unlimited ways to achieve your health goals.

**Gympass** offers flexibility, allowing you to customize your well-being routine. Visit a different gym every day of the week or stick with your favorite. Try a therapy session in the afternoon or a meditation session before bed. **Gympass** gives you more ways to enjoy the activities you love.

## **Ready to enroll?**

- 1. Log in to your Blue Cross member account at **bcbsm.com** or the Blue Cross mobile app.
- 2. From bcbsm.com, click *Member Discounts with Blue365*<sup>®</sup> near the bottom of your homepage link to the Blue365 deals site.
- **3.** From the Blue Cross mobile app, tap the menu icon (=), then *Discounts* to link to the Blue365 deals site.
- 4. Search for the Gympass offer under *Fitness*.
- 5. Click *Verify Eligibility* to be directed to the **Gympass** home page.

## **Flexible membership options**

We understand that everyone's fitness journey is unique and personal. Enroll in the membership option that meets your specific fitness needs.

Tier	Monthly fee	Benefits	Sample fitness network*
Starter	\$19.99	<b>1,000-plus</b> gyms, studios and live classes, plus 20 partner apps	Snap Fitness, Anytime Fitness, Strava and Calm
Basic	\$29.99	<b>3,000-plus</b> gyms, studios and live classes, plus 30 partner apps	Life Time, Curves, Powerhouse Gym – East Lansing and Powerhouse Gym – Kalamazoo
Bronze	\$59.99	<b>3,600-plus</b> gyms, studios and live classes, plus 35 partner apps	Life Time, Cascade Athletic Clubs, Chicago Athletic Club and Yogaworks
Silver	\$89.99	<b>7,300-plus</b> gyms, studios and live classes, plus 35 partner apps	Life Time, Crossfit in the D, D1 Training Grand Rapids, TITLE Boxing Club and Healing Clouds
Gold	\$169.99	<b>10,000-plus</b> gyms, studios and live classes, plus 35 partner apps	F45, Crossfit, CITYROW and iFeel
Platinum	\$249.99	<b>12,000-plus</b> gyms, studios and live classes, plus 35 partner apps	The Daily Method, SLT and JoyRide Studio
Diamond	\$349.99	<b>12,400-plus</b> gyms, studios and live classes, plus 35 partner apps	Barry's Bootcamp and solidcore
	1	All plans include eight personal train	ng sessions per month

There are no enrollment or cancellation fees. You must be 18 years or older to enroll.

\*Gym participation varies by location. To confirm gyms and resources available under each membership tier, click *VERIFY ELIGIBILITY* from the Gympass offer page on the Blue365 deals site. Once the form is completed, you'll be linked to the **Gympass** site for more information.





Visit the Blue365 deals site through your Blue Cross member account for complete terms and conditions for the Gympass offer. Blue365 is brought to you by the Blue Cross and Blue Shield Association, an association of independent, locally operated Blue Cross and Blue Shield plans. Gympass is an independent company that has partnered with the Blue Cross and Blue Shield Association to offer discounted gym memberships. Value-added items and services are not a part of your insurance benefits and are not covered under contracts with Medicare or any other applicable federal health care program. For complete terms and conditions see **www.blue365deals.com/terms-use**.

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